

Sexual Education Recommended Curriculum

1. Is health education required in Texas?

Yes. According to Texas Education Code (TEC) §28.002(a)(2)(B) and Texas Administrative Codes (TAC) §74.1(a)(2)(B) and §74.2(a)

- New TEKS - Address Grades 4-5 (sexual education), Note: Parent/ guardians must opt in for their children to receive instruction. *This is a change from the past.*
 - SHAC's Recommended Curriculum- Always Changing
 - Recommended supplemental lessons:
 - [4th Grade Girls Study Guide - Meet the New You](#)
 - [4th Grade Girls Study Guide - Meet the New You \(SPANISH\)](#)
 - [4th Grade Boys Summary - "Whatsa Hygiene?"](#)
 - [4th Grade Boys Summary - "Whatsa Hygiene?" \(SPANISH\)](#)
 - [5th Grade Girls Study Guide - Puberty: A Girl's Journey](#)
 - [5th Grade Girls Study Guide - Puberty: A Girl's Journey \(SPANISH\)](#)
 - [5th Grade Boys Study Guide - Puberty: A Boy's Journey](#)
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Health Education

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 - Recommended lesson topics:

4th Grade	5th Grade
Health Relationships	Health Relationships
Personal Safety	Identity
Identity	Puberty & Personal Hygiene
Anatomy & Physiology	Body Image
Puberty & Adolescent	Reproductive System & Pregnancy

Dating Violence & Human Trafficking

- **What resources are we currently using in this specific area?**
 - **Elementary Campuses:**
 - Counselor & social workers (suicide prevention & assessments)
 - Referrals to community resources
 - Play it Safe
 - Rhithm
 - Second Step
 - Trey Lackey - Licensed counselor (contracted)
 - Tiki & Sophie Therapy (therapy dog)
 - Leader in Me
 - Sunshine Club
 - PBIS
 - Restorative Practices
 - **Secondary Campuses:**
 - Counselor & social workers (suicide prevention & assessments)
 - MHMR (suicide assessments)
 - National Suicide Prevention Hotline
 - Play it Safe
 - Rhithm
 - Trey Lackey - Licensed counselor (contracted)
 - Therapy Dogs
 - Outside Presentations - DEA Agent (Dating Violence)

Dating Violence, Suicide Prevention, & Human Trafficking

District Wide Resources:

- School Counselors & Social Workers
- District Crisis Counselor - Crisis Response for Students Experiencing Suicidal Ideation and Outcries of Sexual Abuse/ Assault
- District Attendance Officers
- CISD Police Department - Investigative Police Officer
- EAP - Employee Assistance Program
- Safe & Supportive School Program Team - Threat Assessment Teams
- Tarrant County Mental Health Connection - Monthly Meetings (Lena Pope Home)
- The Jordan Elizabeth Harris Foundation - (Depression & Suicide Prevention) Hope Squad
- Unbound (Human Trafficking)
- B.A.R.K Alerts (Online Reporting System)
- Crime Stoppers (Reporting Systems)
- Sante Fe Youth Services
- MHMR - (Youth Center - Behavioral Services & Programs)
- Region XI Service Center (Counseling Services, Professional Learning, etc.)
- Catholic Charities (Suicide Hotline)
- Referrals to In-patient Psychiatric Evaluation for Suicidal Ideation (Excel, Perimeter, Cook's Childrens, Mesa Springs, Innovations, Millwood, JPS).

Dating Violence & Human Trafficking

2. What programs/resources would you like to see implemented district-wide?

- Play it for Safe for Campus Staff (Yearly Training) (Implementation Date: Fall 2022)
- Professional Development - Staff - Yearly Training [Texas Gateway Training for Teachers Human Trafficking](#) (Implementation Date: Fall 2022)
- Increased Human Trafficking Resources for Students & Staff (Implementation Date: Fall 2022)
 - [Unbound](#)
 - [Texas HHS HEART Training](#)
- [TEA Control Wheel](#)

3. Is there a curriculum available? If so, is it sustainable?

- Elementary Campuses:
 - Second Step
 - Commonsense.org
 - Leader in Me
- Secondary Campuses:
 - Mindsets Matters
 - Play it Safe

Dating Violence & Human Trafficking

4. How would you implement your curriculum/resources into your daily schedule?

- Counselors/Social Workers implement lessons and curriculum at all campuses.
- Teachers implement lessons and curriculum district wide.
- Resources
 - i. Referring cases to Investigator Officer Jackie Pehrson (sexual assault/abuse, threats, illegal distribution of nude photos, etc.)

5. Who is your audience? What students are you targeting?

- Tiered support (All students, students with specific or more severe needs).

6. Does your curriculum target staff? If so, which staff specifically?

- Yes, staff are addressed and supported during staff development meetings, PL days, and individually as needed.

7. Can your curriculum be incorporated into a Professional Learning Day for the 2022-2023 calendar?

- i. Recommend Texas HHS: [HEART training](#) Texas Human Trafficking Resource Center (1.5 hours, free, online) for all CISD staff.